

UMMAR FAROOQ AHMAD

Ummar Farooq Ahmad
Year of Call: 2018
clerks@4bc.co.uk
020 7832 3200

Practice Areas:

Abduction & International
Movement
Care Proceedings
Child Arrangements
Court of Protection
Domestic Violence &
Injunctions
Matrimonial Finance and
Divorce

'Ummar is a bold advocate. He is always helpful, professional and thorough in his case preparation. He is excellent at building trust and respect with vulnerable clients.' **Legal 500 2025**

About

Ummar Ahmad's transition to the bar in March 2018, following his practice as a Solicitor Advocate, marks a significant milestone in his career. His experience in working with clients from initial consultations to final orders and beyond, coupled with his acceptance of instructions from the general public under the Direct Access scheme, showcases his versatility and commitment to the legal profession.

Ummar completed his training contract at [TV Edwards LLP](#), a leading reputable Legal 500 regional firm, where he qualified in 2013. Following this, he continued to build his career at two other Legal 500 firms, further enhancing his legal expertise and professional network.

Practice overview

Areas of practice:

- Ummar's legal practice is a diverse mix of privately paying and legally aided clients, showcasing his ability to handle a wide range of cases. Child abductions and wardship matters, including Dols;
- Forced marriage and FGM matters;
- Divorce and matrimonial finance cases;
- In public law matters, Ummar's representation extends to children, parents, grandparents, the wider family, and local authorities, demonstrating his commitment to fairness and impartiality. Private law proceedings include child arrangement orders, prohibited steps, specific issue orders, and non-molestation orders.

Direct Public Access

Ummar is a qualified Direct Access barrister who can accept instructions directly from public members in suitable cases.

In Ummar's spare time he enjoys food, travel and participating in sports – in particular boxing, running and swimming.

Directories

'Ummar Ahmad is a strong advocate for his client. He is a realistic advocate when dealing with other parties. He is very easy to work with whatever side he is on but uncompromising when it comes to advocating for his

client.' **Legal 500 2024**



Memberships

[Family Law Bar Association](#)
[Inner Temple](#)

Languages

Urdu and Punjabi

Privacy Policy

Please find my privacy policy [here](#)



Cases

[London Borough of \[\] v AL & Ors \[2024\] EWFC 390 \(B\)](#)

[BM v A Local Authority & Ors \[2024\] EWFC 196 \[2024\] EWFC 196](#)

[Re J, G and H \(Children: Supervision Orders\): \[2021\] EWHC 884 \(Fam\)](#)