

**JANET MITCHELL**

Janet Mitchell  
Year of Call: 1978  
[clerks@4bc.co.uk](mailto:clerks@4bc.co.uk)  
020 7832 3200

**Practice Areas:**

Abduction & International  
Movement  
Adoption & Special  
Guardianship  
Care Proceedings  
Child Arrangements  
Domestic Violence &  
Injunctions

'Janet is the type of advocate that when you instruct, you are rest assured that no matter how unpredictable the matter may become, she will have the grace, poise, intelligence and foresight to deal with it. She possesses both the ability to have compassion towards clients as well as firmness. Whenever Janet's diary is free, it is always an easy choice.' **Danielle Apenteng, Solicitor, Sternberg Reed LLP, 2024**

**About**

Janet Mitchell is a highly experienced advocate with extensive practice in all areas of public law relating to children. Janet has a formidable reputation for skilled and strong advocacy and is committed to achieving the best outcomes for her clients. She places high importance on researching and preparing each case with great attention to detail.

Janet has a reputation for approaching both professional and lay clients in the same professional but empathetic manner ensuring that each one of her clients can be confident that they are being listened to and that they are getting the very best legal representation.

**Practice overview**

Janet's practice includes:

- Cases involving allegations of severe non-accidental injury, sexual abuse and domestic violence.
- Cases involving complex medical evidence, including EDS and fabricated illness.
- Cases involving adoption and special guardianship cases involving evidence from children and vulnerable adults and cases involving international jurisdiction issues such as Brussels II jurisdiction and placement abroad, child abduction, child-trafficking, forced marriage, female genital mutilation (FGM) and honour-based violence.

Janet has represented local authorities, parents, interveners, vulnerable adults and children. She has appeared before the Court of Protection in cases concerning vulnerable adults. Janet Mitchell often appears in cases involving King's Counsel.

Janet is regularly instructed through insurance companies on behalf of interveners such as nannies and, nursery staff and other professional care workers who find themselves involved as alleged perpetrators of child abuse because of their hands-on day-to-day care of children who are the subject of non-accidental injury allegations.

Her practice in the last five years has involved lengthy contested care hearings in respect of serious and complex allegations of child abuse, which require careful and in-depth analysis of extensive medical evidence from clinicians and experts, hospital records, accounts given by lay witnesses and parties and by

reference to up-to-date medical and scientific research.

## Education

University of London

Law School:  
Inns of Court School of Law

## Memberships

[Family Law Bar Association](#)  
[Middle Temple](#)

## Languages

French

## Privacy Policy

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CERTIFIED  
BARRISTER**

## Cases

Re B (Children) [2010] EWCA Civ 363

A Council v B & Ors [2007] EWHC 2395 (Fam)

Re W (Care Proceedings: Witness Anonymity) [2002] EWCA Civ 1626