

TOM TRIM

Mr Tom Trim
Year of Call: 2026

020 7832 3200

Practice Areas:
Adoption & Special
Guardianship
Care Proceedings
Child Arrangements
Domestic Violence &
Injunctions

Tom is currently undertaking an abridged practising pupillage under the supervision of Jacqui Gilliatt.

Prior to coming to the Bar, Tom was a Senior Associate Solicitor in the family department at Osbornes Law. Tom joined Osbornes Law having trained and practiced at Goodman Ray. Tom was in private practice as a solicitor for over seven years.

Tom's practice spans the full breath of public and private children's law.

Tom regularly acts for parties to care proceedings. He is experienced in working with vulnerable parents and family members. Tom was previously a member of The Law Society's Children Panel and represented children subject to care proceedings directly and through their Children's Guardian. During his time as a solicitor, Tom's care practice focussed on cases featuring serious allegations of harm, parallel criminal proceedings, suspected non-accidental injury and fabricated and induced illness and cases involving complex factual disputes.

Tom also represents parties to adoption proceedings concerning domestic and international adoptions and the recognition of foreign adoptions.

In his private work, Tom represents parents and family members in children disputes, including child arrangements, leave to remove (domestic and international) and in disputes relating to welfare decisions. Tom is experienced in cases involving domestic abuse, allegations of harm, allegations of alienating behaviours, parental conflict and those with an international element.

Tom also acts for parties in applications for protective injunctions, including non-molestation orders, occupation orders and forced marriage protection orders.

Committees

Alongside his practice Tom sits on the Executive Committee of The Association of Lawyers for Children and Resolution's Children Committee.

Directories



Tom Trim

Chambers and Partners

2026

"Tom Trim is very smart, a definite rising star, he's great. He really advocates for a client and I think any client will come away feeling satisfied."

"Tom Trim manages to juggle a complex and serious workload with sensible, on-point advice and a down-to-earth and sensitive approach."

"Tom is an excellent lawyer. He gets to grips with complex matters and is very strategic in his approach"

2025

"Tom is a rising star. He gives strong no nonsense advice to clients, goes the extra miles, is empathetic, works hard and provides personable style which clients value"

"Tom is incredibly bright and is aware of everything in a case. He is the future of the family law world. I am really impressed by him; he is incredibly forensic"

LEADING ASSOCIATE

Legal500

UNITED KINGDOM

2026

Legal 500

2026

"Tom Trim is developing a strong practice as a go-to solicitor in children cases. Tom is committed to his cases, is a highly skilled lawyer with excellent client communication skills. He is well-placed to take on the most complex of public law cases. He is hardworking, thorough, with a wealth of knowledge. A superb solicitor"

2025

"I am always impressed by his command of the facts and drive to get the best result possible"

"Tom Trim is well known as a hardworking practitioner who always gives his best to cases"

2024

"Tom Trim is brilliant; he reads absolutely everything, is wonderfully down to earth with clients and always available"

2022

"Tom Trim has really very interesting cases and an impressive client base. He is one to watch"

"A bright young solicitor and all rounder"

Client

"I had the pleasure of working with Tom Trim and I can't recommend him enough, his attention to details and communication throughout the process was perfect. Tom has worked tirelessly throughout to achieve the final outcome which I were beginning to think I would never achieve. He kept me informed throughout the process and provided exceptional guidance."

Education

Memberships

The Association of Lawyers for Children

Family Bar Association

Resolution

Middle Temple

Qualifications

LPC – City Law School/ Inns of Court School of Law.

Cases

A Local Authority v A Mother [2025] EWHC 3498

Re J (A child) (Surrogacy: Adoption Order) [2025] EWHC 2960

Re (Adoption – Surrogacy) 2024 EWFC 41

Re K and Re S (Legal Aid: Experts' Fees) EWFC 100

Re S (Placement Order Contact) [2025] EWCA Civ 823